

Carolina Children's Dentistry
"We Make Smiles"

**Trauma Post Operative Instructions
For Primary Teeth**

Maintain soft diet for 2-3 weeks

Examples: Mashed potatoes, Jello, Yogurt, Pudding,
Applesauce, Grits, etc

No biting into any hard or crunchy food with front teeth

No Drinking through a straw or use of sippy cups

Use a regular cup for all ages for the next 2-3 weeks
Also limit spitting

Sensitivity

May need to limit very hot and very cold food or drinks

Salt Water rinses recommended for at least 3 days

If able to swish and spit

Avoid Contact Sports

What To Watch For At Home

Tooth may turn a grayish color due to trauma to the tooth
Also watch for swelling/bubble above the tooth, this may be a sign of an abscess.
Please call our office immediately for evaluation

If Tooth Is Loose

It may take 1-2 weeks to tighten back up, avoiding testing to see if tooth has tightened
back up because that could cause tooth to become looser.

To Keep Area Clean

Use wet washcloth if not able to brush with toothbrush

Tylenol Or Motrin

As need for pain

Please do not hesitate to call us with any concerns

Office: (803)-736-6000

Office Pager: (803)-629-5836