

# Carolina Children's Dentistry

*"We Make Smiles"*

## **Trauma Post Operative Instructions For Patient With A Splint**

### **Take All Antibiotics**

If prescribed by the doctor

**Tetanus booster required if more than 5 years since booster**

### **If Splint Loosens**

Contact office immediately

**Salt Water rinses recommended for at least 3 days**

Or Chlorhexidine If prescribed

### **Maintain soft diet for 2-3 weeks**

Examples: Mashed potatoes, Jello, Yogurt, Pudding,  
Applesauce, Grits, etc

**No biting into anything with front teeth**

### **Avoid Contact Sports**

(Including Band Instruments that Involves The Mouth)

**Please do not hesitate to call us with any concerns**

**Office: (803)-736-6000**

**Office Pager: (803)-629-5836**